



ANNUAL REPORT

2019-20



Nari O Shishu Kalyan Kendra (NOSKK)

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About Organisation:

Our Genesis:

Nari-O-Sishu Kalyan Kendra was established under the West Bengal Societies Registration Act in the year 1979. Nari-O-Sishu Kalyan Kendra started its journey with a group of young enthusiastic women from Howrah, who organized poor and marginalized women of the district to protect their interest towards sustainable livelihood during the devastating flood in year 1978. In 1985 NOSKK obtained the Foreign Contribution Registration from the Ministry of Home Affairs, Government of West Bengal. This long endeavour towards fulfilling the mission of NOSKK has been possible only with cooperation and contribution of many National and International Resource Sharing Agencies, the State and National Level Government as well as Non-Government institutions along with innumerable individual resource person.

Our Vision:

The vision of Nari-O-Sishu Kalyan Kendra is a self-reliant society based on human values like cooperation, participation, justice, respect and love. In this society people will participate in a decentralized political process, where the economy will be based on localized production and consumption. The environment will be free from pollution and exploitation; the people will sustain with their own indigenous socio-cultural identity. The envisioned society will be free from the forces of patriarchy and will be more peaceful and harmonious.

Our Mission:

The Nari-O-Sishu Kalyan Kendra aims to unfold and empower the oppressed and marginalized people to make them self-reliant and confident. The main focus is laid on the socially, economically, politically and culturally vulnerable groups like women and children. Therefore, we work together to achieve the envisioned sustainable society.

Our Goals:

- ✓ To develop human potentiality and critical awareness of the vulnerable groups of people and motivate them towards their empowerment.
- ✓ To enhance the knowledge and skills of the referenced groups so they are able to strive for a sustainable development through process of participation.
- ✓ To create awareness for gender equality regarding health, education, environment and economic action as well as making them capable of carrying their development journey.
- ✓ Formation of Self-help Groups with the help of micro credits to create a secure base for the incoming generation among the vulnerable sections.





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≡ From Secretary's Desk



This is an important milestone in the life of NOSKK as we turned 41 this year!!

In 1979, Noskk was starting their Journey. In the year 2019-2020 we are completing 41 year. This year has witnessed more growth of our organization Nari-o-Sishu Kalyan Kendra (NOSKK). This is also another active year of hopeful progress towards our mission with the aim of moving forward in the development of vulnerable women and children. This year start with hope but year ending with pandemic situation for Covid -19.

This year there is a number of achievements of our organization. This year we are reaching the most marginalized section of our society, that is, '**street connected children**, In the process, we successfully touched 16192 children in Howrah Slum.

We are also encourage women towards **Non Traditional Livelihood** i.e. Cab Driving, E Rickshaw driving, Mobile Repairing technician. In addition to that NOSKK has been instructed by the government to carry out a new livelihood vocational training "**Paschim Banga Society for Skill Development - PBSSD**" for the youth this year. Along with these two projects, the new **THALI project - "Tuberculosis Health Action Learning Initiative"** also supports better healthcare to the general people. NOSKK also facilitates **Self Help Groups to support Women Empowerment** through projects like **Empowerment Workshops and a Self Defense Class (Karate)** to achieve the Sustainable Development Goal of Gender Equality. This year our organization has welcomed many interns from different institutions. I would like to thank the MSW interns from Netaji Subhas Open University, Vidyasagar University, and **Tata Institute of Social Science - TISS**. Collaboration with **Freunde der Erziehungskunst Rudolf Steiners** from last four year they send volunteers from Germany.

Further, Finally, I would like thank all members of NOSKK for their hard work and of our organization. After the effective progress of this year, I would like to focus on educational programmes and special sponsorship as well as research study for the upcoming years. I am thankful to everyone who encourages and ensures the successful work of NOSKK. I hope we will continue our work with such enthusiasm and participation in the future.

Ms. Rahima Khatun
Secretary

Milestones of NOSKK

1979 -1989

- ✚ Adult Education Center.
- ✚ Tailoring school with women.
- ✚ 20 Balwadi (0 to 6 years Children) School.
- ✚ Awareness through Mahila Mandal
- ✚ Noskk received the identity of a registered society under the Societies Registration Act.

1990-2000

- ✚ Micro savings and Micro Credit
- ✚ Non -Formal Education Center.
- ✚ Small Family norms.
- ✚ Women Empowerment through Self Help Group.

2001-2010

- ✚ Study on changing Status of Muslim women in Panchayati Raj by Ministry of Panchayati Raj, Govt. of India.
- ✚ Adopt A Mother Save her Child.
- ✚ National Environment Awareness Campaign.
- ✚ Legal Aid Service Provider NGO of Domestic Violence
- ✚ Reproductive Child and Sexual Health for mothers, children and adolescents (Young Peoples Sexual & Reproductive Health Promotion (SRIJAN Network)
- ✚ Flexi Fund (Health)
- ✚ Baba Saheb Ahmedkar Hasto Slipo Yojana
- ✚ Adolescent-friendly Service (distribution of Sanitary Napkin among adolescents) by Janne Nordstedt and Sandra Dehlin, Sweden.
- ✚ Rajib Gandhi Shilpi Swastha Yojana
- ✚ Janashree Bima Yojana
- ✚ Sexual, Reproductive Health & Rights (SRHR)
- ✚ Scholarship & Book Grand for poor & Merits Students.
- ✚ HIV/ AIDS Programme.
- ✚ Reproductive Child Health (RCH - II)
- ✚ Vocational Training Center
- ✚ Creche Centre

2010-2020

- ✚ Social Mobilization Support for Pulse Polio & Routine Immunization and Behaviour Change Communication for community empowerment in Seven High Priority Blocks and municipalities of Howrah districts by UNICEF.
- ✚ Study Visit to Rural Litigation and Entitlement Kendra, Dehradun.

- ✚ Poorest Area Civil Society (PACS) by DFID-UK.
- ✚ Sanitary Napkin Production (SNP) organized by Freedom SHG Group.
- ✚ Begum Rokeya Sakhayat Loan Distribution Programme.
- ✚ Rehnuma, a Facilitation & Entitlement Centre for vulnerable groups by European Union.
- ✚ Baba Saheb Ambedkar Hasthya Shilpo Bikash Yojna (Artisan Card Distribution and Awareness Programme) by Ministry of Textile- Govt. of India.
- ✚ Vocational Training on Zari Craft (Swawlamban) Women and child development department, Govt. of West Bengal.
- ✚ Sanitary Napkin Production (SNP) organized by Freedom SHG Group.
- ✚ Vocational Training Centre on Machine Embroidery with CAD.
- ✚ Setting up of women-based Enterprise in Zari Cluster in Howrah.
- ✚ Improving Quality of Living through Innovative Approaches in Health, Education & Livelihood opportunities by Haldia Energy Limited (HEL).
- ✚ Kasia Bagan Health Project: Improving Access to Health Care Services and Livelihood opportunities [IAHCS& ILO]
- ✚ Ek Kadam- initiative of Quest Properties India Limited, a subsidiary company of CESC Ltd.
- ✚ Bhabiswat – Sponsorship Programme by German Friends.
- ✚ Changing Gender Norms by Promoting Non-Traditional Skills and Livelihoods for Girls and Young Women by Ford Foundation via Carmdaksh.
- ✚ SURIVIVING THE STREETS IN INDIA: THE INVISIBLES by Save the Children.
- ✚ THALI – “Tuberculosis Health Action Learning Initiative”
- ✚ Bhabiswat Sponsorship Programme.
- ✚ ORA – Operation Red Alert: Safe Village Programme
- ✚ Talim ki Taquat
- ✚ Nai Rosni – The Scheme for Leadership Development of Minority Women.

Network and Accreditation:

Noskk as a member of Alliances at Global, Regional, National, State and District level

- National Committee Member of **Bharatiya Muslim Mahila Andolon (BMMA)** - is an autonomous, secular, rights-based mass organization led by Muslim women which fights for the citizenship rights of the Muslims in India.
- Member of **National Alliance for women (NAWO)** -NAWO is an alliance of Organisations and institutions working to make gender equality a reality.
- Board Member of **Association of voluntary agency for rural development (AVARD)**.
- **Girls Not Bride Alliance** to End Child Marriage - Girls Not Brides is a global partnership of more than 700 civil society organisations from over 85 countries committed to ending child marriage and enabling girls to fulfill their potential.
- **Wada na Todo Abhiyan (WNTA)**-Wada Na Todo Abhiyan (Don't break your promise) is a national campaign of 3500 CSOs to hold the government accountable for its promise to end poverty, social Exlusion & Discrimination.

NOSKK as a Member of Different Committees

At District Level:

1. Juvenile Justice Board Howrah
2. District child protection Unit
3. Cable network monitoring committee
4. District Legal services authority.
5. Member, PC & PNDT Committee through CMOH Howrah,
6. Right to Food committee
7. District vigilance committee

At State level:

1. State Level Committee on prime Minister 15point programme & Multi Sectoral programme
2. Minority Development Alliance

At National level:

1. National Committee Member of Bharatiya Muslim Mahila Andolon(BMMA) & State Convenor of BMMA, 2.Member of National Alliance for women.(NAWO).
2. Board Member of Association of voluntary agency for rural development (AVARD).

Member of Sexual Harassment committee:

- Member of the internal committee formed pursuant to Section 4 of the Sexual Harassment of Women at workplace at West Bengal Minority Development and finance Corporation, West Bengal Minority Affairs & Madrasha Education. Social Welfare Department, Howrah, Howrah District Health and family welfare Samity, Aliya University, Uluberia College, Prabhu Jagat Bandhu College, Narasingha Dutta College, Bengal School of Technology & Management, Child in Need Institute.

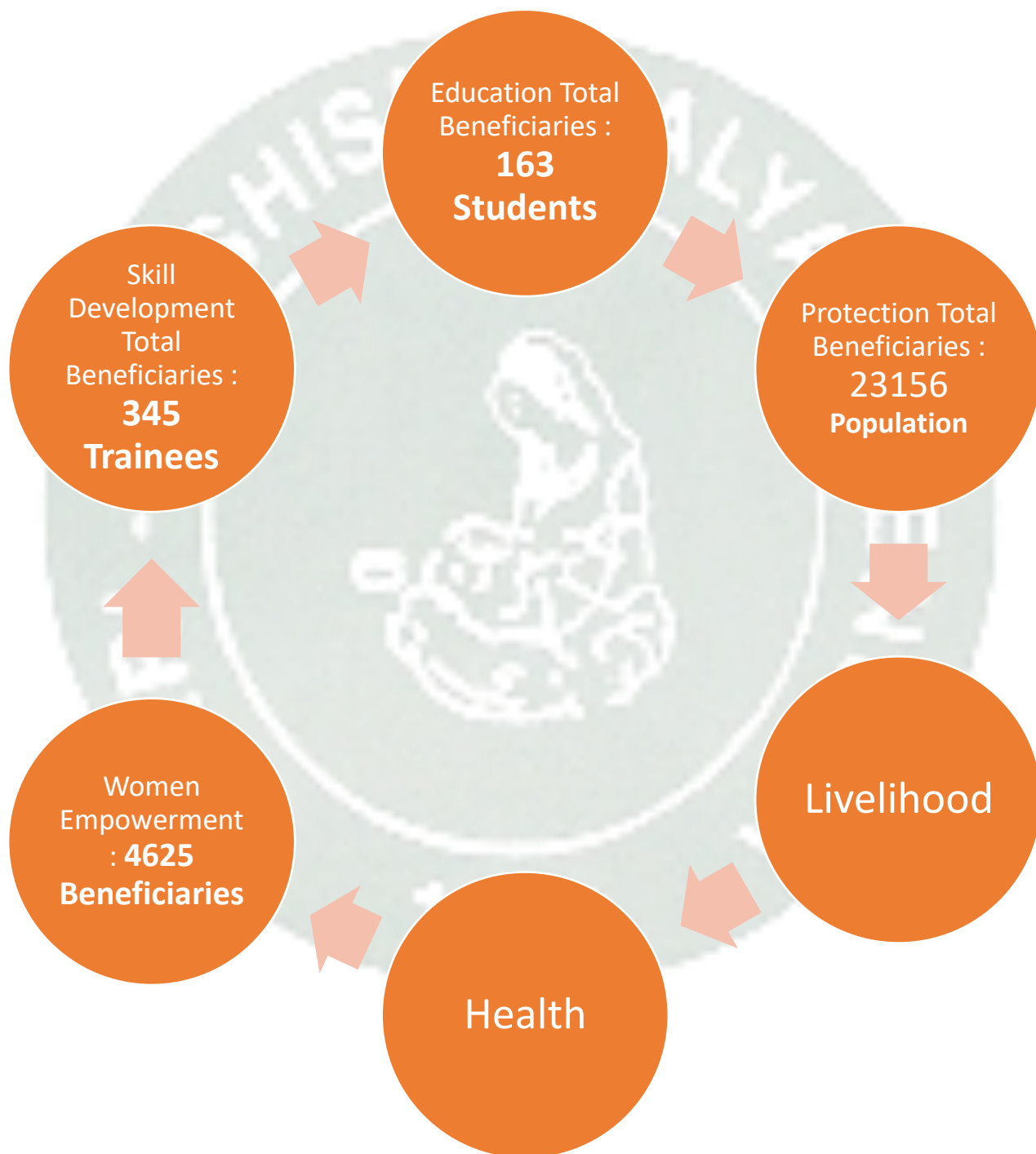
Awards and Recognitions:

Name of the Award	Awarding Organization	Brief about the Award
Sukriti Award	Uluberia College	For Social Work
Woman Entrepreneur 2018	Techno India	Preparing Entrepreneur
Appreciation Award 2018	XLRI Alumni Kolkata Chapter	For efforts towards maintaining human dignity and building a sustainable society.
Natun Goti Puroskar 2017	Natun Gati	For Social Work
Imam Persons of the Year 2017	Bengal Imam Association	For Social Work
Public Health Award 2016	Indian Express	Public Health Award. Most Effective Health Care NGO
Rajya Mahila Samman 2014	Govt. of India	For outstanding selfless work for the empowerment of women at grass root level
Moulana Abul Kalam Azad 2011	Madrassa Education Department of West Bengal	For Social Work

Thematic Area:



Beneficiaries Details of Thematic Areas:



Education:

Bhabiswat Sponsorship Programme: 20

From June 2018 our German Volunteers established with the help of NOSKK an Educational Sponsorship Programme to support intelligent but destitute students to continue and finish successfully their education. We connect one adolescent with one sponsor, who will support the family and the student so that they will be able to pay for all the school fees, school books and the important tuition classes.

So far, we have connected **20 ambitious students** from class 8 to College with sponsors from Germany. For the sponsored student and their parents, we regularly organize workshops about different topics. Last year the sponsored children participated in a Future-Planning Workshop and an Awareness Meeting about Child Right Protection (Early Marriage, Child Labour, Human Trafficking, sexual and physical Exploitation) to create more awareness and prevent cases.

Many of our sponsoring students lost their father or don't get any support from their families. But in the last year we already have seen some successful stories. In one case we convinced the parents of a girl not to arrange a marriage of their daughter until she has finished her education as a nurse, and thanks to the financial support and the counselling, the parents agreed to wait with the marriage and allow her to finish her college. In another case we supported one boy, who did not go school because he could not afford school admission fees, tuition classes and books and due to that did not have any motivation for going to school. Now, he is able to go to school, afford all the school expenses and he got new motivation and hope for his future.



Talim ki Taquat Power of Education : 59

NOSKK has taken initiative special class for children especially first learner those who are going to the government schools for formal education. NOSKK has tried to create an environment to those students which enhance them about formal education. Activities also include providing non formal school education, learning support and remedial teaching to children who are lagging behind due to various reasons like lower motivation level, poverty, dysfunctional family setup. Focus was given mainly on children between age group of 8 yr to 14yrs. Total **59 students** are enrolled mostly are girls students.

Maker Space workshop for the Science Students : 56

Programme was initiated from July 2019. Activity and schedule and planning was done closely consult with different dignitaries of American Centre - Monica Shie-Director, Nicola- Programme Specialist, Mr. Debasis Ghosh & Aishwarya Mondal and Mr. Amit Chowdhury – Srijan Creation.

Workshop was held on 18th February to 24th February 2020 at American Center. The workshop was 5 days. Total 56 students are taken part in this

Impact of the Workshop:

- Students are using these techniques in their real life.
- It helps them in their future studies.



Book Grants for the meritorious :15 Students

Noskk Supported students of underprivileged section through books distribution which supports students in their education. This year 15 Students are getting benefit.

Skill Development:

Paschim Banga Society for Skill Development (PBSSD) : 240 Trainee

Paschim Banga Society for Skill Development (PBSSD) is an initiative of Department of Technical Education, Training and Skill Development Government of West Bengal. It was Launched on 16th February, 2016 by the Hon'ble CM. In 2017, the scheme has been aligned to the Common Norms of MSDE. The scheme converges all the skill development activities in the state by fulfilling the requirements of skilling the beneficiaries of other departments/ bodies and pooling the skilling funds under one umbrella. Aim of skilling individuals to empower them to engage in wage employment or self-employment and provides opportunities to move from informal to formal sectors.

Beautician Class (250 hours course) 60 participants in 2 running batch are learning Facial Treatment, Threading, Waxing, Manicure, Pedicure, Bridal Make- Up, Hair cutting and Hairstyle.

Tailoring Class (340 hours) 60 participants in 2 running batches are learning cutting, Measurement taking, Stitching, Different type of dress making with different cloth types.



Domestic Data Entry (400 hours) 60 participants in 2 running batches are learning Fundamentals of Computer, DOS, Windows 10, Microsoft Office 2016, Spoken English and Grooming.

Desktop Publishing: convergence with **Swapno Bhor and Utkarsha Bangla** 60 Kanyashree Girls are participants in 2 batches learning Fundamentals of Computer, Photoshop, Microsoft Office 2016, etc.

Machine Embroidery with Auto CAD: With collaboration with Vocational counsel NOSKK was empanel as a vocational training center total 20 Students are enrolled under this trade.

Strengthen Beti Bachao Beti Padhao Programme for Changing Gender Narratives and Norms and for promoting skills and jobs in Non Traditional occupations for girls and young women : 105

Nari O Sishu Kalyan Kendra is implementing the programme named 'Changing Gender Norms by Promoting Non-Traditional Skills and Livelihoods for Girls and Young Women' with support from the *Girls Count* Carmdaksh and *Ford Foundation*, in Howrah district.

Objectives of the programme:

The objective of the intervention is to influence larger narrative and norms around gender roles and occupations, and change the public discourse around it. The key objective is to promote non-traditional skills training for girls and young women in the district and employ them in areas of work that are considered to be non-traditional for creating space of the vulnerable as self- sustained and self – dependent.

Aims of the programme:

- ♣ Deliberate on different aspects of non-traditional skills and livelihoods for women and girls.
- ♣ Understand government policies and programmes around skill development and livelihoods.
- ♣ Explore avenues and opportunities to partner with state and non-state actors on the issue.

Training on Non- Traditional Skill

a) Name the non-traditional trades/skills training started by NOSKK.

- **Mobile Repairing**
- **Toto Driving**
- **Cab Driving**
- **Carpentry and Polish**

Soft Skill:

- Gender orientation
- Self Confidence and Capacity building of the trainee.
- Personal growth of the trainee
- Career counselling

Protection:

Safe Village Programme: 4990 Students and 4353 Community Total 9343

Operation Red Alert began in early 2014 with the vision to end sex trafficking in India by preventing girls from ever entering it. it's aims to end sex trafficking in India by 2025. To achieve this target Noskk create awareness in 15 Schools in 2019-2020 about child-Trafficking, abuse, child-marriage, drop outs. We tried to aware the students about all those issues by showing some short video clips, comic books and gave them the child help line number so they can call on it, if they faced this kind of problems.



Legal Aid Service and Family Counselling: 138

In our NOSKKs Main Office we are running a Rehnuma Law Centre (RLC) and providing legal aid and family counselling through lawyers, Paralegal in our organization.

◆ From April 2019 till March 2020 we registered in total 138 cases in Howrah RLC (regarding Protection of Women from Domestic Violence, Family matter, Land Rights, Criminal Case, Bigamy, Missing Case, Issues).

◆ 23 cases are disposed, 5 cases got Legal Advice
110 cases are still ongoing.

SURVIVING THE STREETS IN INDIA: THE INVISIBLES: 13600

Noskk aims to reach 8000 children in the age group of 1 - 18 years living in street situations by ensuring access to an identity document, of which 5600 will be linked with relevant social protection schemes and services. In the process, we will also ensure all stakeholders responsible for the care and protection of children in street situations fully understand their responsibilities and are sensitized about child friendly practices. Main Vision is ensuring well-being of children living in street situations. Overall Goal of the programme is to create an enabling environment for all children living in street situations in India, thereby strengthening their access to right to survival, development, participation and protection, eventually unlocking their limitless potential.

Project Area

Howrah City of West Bengal

Activities in Details:

Baseline/ Mapping of Children in Street Situations for intervention

8000 children living in street situations in Howrah City in West Bengal experience increased enrolment in schools; access to healthcare services, up skilling and employment opportunities, and financial services. With the access to a legal proof of identity (the Aadhaar card), the targeted children will most importantly be able to stake claim on their most basic rights.

NOSKK conducted baseline survey in Howrah Municipal Corporation to identify children in street situations in various hotspots. This project was initiated during JUNE 2019 to address issues of acknowledging the importance of an identify document for children in street situation, this project will provide children with an Aadhaar card, a legal identity document which is a crucial component of the slandered operating procedure. The children in street situations with our direct intervention with Legal registration and social security schemes. In Howrah we will target

8000 Children in 1-66 wards. Being initiated by Save the Children had partnered with Nari O Sishu Kalyan Kendra (NOSKK).

Survey Orientation meeting was held at Shanpur Office with all internal outreach our staff, Enumerators and Nabina Banerjee Programme Coordinator, Save the Children along with our secretary Rahima Khatun, we covered 15 wards of Howrah Municipal corporation. Total participants was 27. As per the priorities plan we started a survey after this meeting for benefitting the project. We have engaged 20 enumerators for this project we hope that with their co-operation working throughout the month along with them we will get an appropriate data on basis of which we can move forward to our project faster.

Legal Identity

Aadhaar Enrolment: Focusing on bringing about a awareness and in-depth understanding of identity has been a priority to the street connected and slum dwellers children but along with that including them with all the government related schemes, where they have been left out, excluded from the society trying to including them making them knowledgeable, acquire and achieving the best of the services provided to them which enable them to being independent. Special child has also been inclusive helping them to acquire benefits such as Manobik schemes an aid to the children from the government. GPO Howrah has initiated that they opened a new counter for only street connected children through our strong advocacy. And they cooperate us to enrolled every day 30 -35 children covered in this GPO. As well as we continued to Adhaar enrolment to another bank like Axis Bank, Syndicate bank and Salkia Post office.

PAN Registration Camp:

Linking with social securities schemes will not have been possible without the help of the community support and cooperation. The club members, parents and community have always been eager and come forwarded to help us in many different ways such as publicity for the PAN camp. During Pan camp a so many people are gathered in the community. Some parents are encouraged and excited about their children getting PAN Cards. We are organising PAN Card registration through Campaigning we even get to know more about people while communicating with them sharing our social security schemes within this camp and Education, health & Hygiene, awareness side by side. Apart from children we also emphasise on the need to ensure that the fellow clean & regular habits to maintain good hygiene, the effect of right food and nutrition intake to generate positive energy.

Social Security Schemes:

Health Services/ Routine Immunization Camps and Polio Drive:

Routine Immunization has also been our priorities along with all our other schemes and identities. The Superintendent of Howrah District Hospital and the ANM Staffs. Children from different communities are being encouraged for regular basic immunization. We even mobilising the drop-out children for immunization sharing awareness and providing information about benefits of proper immunization. Swastha Sathi-the other scheme has also been beneficiary to

the people, children around, collaborating with the Health Officer. NOSKK also have worked on pulse polio during the project period.

Health Camp in the Community:

Unhygienic living environment, deteriorating work conditions and long working hours adversely impact the overall well-being of the children. Therefore the captured the magnitude of the health problems faced by the children in street situation of illness, so we plan coming month NOSKK will conduct a camp on health issues through collaboration with health dept. in this month we covered Children in street situations went to different facilities of treatment, depending on accessibility, hospital facility Routine Immunization has also been our priorities along with all our other schemes and identities. All medical staffs are coordinate with us accordingly. Children from different communities are being encouraged for regular basic immunization. We even mobilising the drop-out children for immunization sharing awareness and providing information about benefits of proper immunization. We are mobilizing with mothers on different issues also.

Bank Account Opening:

Providing social security schemes to the children has been a part of our project. Social Security Scheme (Bank A/C opening) has been organised by us through the camp mode. The main motive for opening Bank A/C is: Savings Notion Availing Government Schemes. People are encouraged to open the A/C. IPPB i.e India Post Payment Bank, United Bank of India has been helping us throughout the campaigning.

School Enrolment:

Many drop out children at our hotspot area. In the project period we have enrolled them in various classes. They had dropped out for a many kind of family reasons. Mainly causes of poverty. When they were enrolled of school their family also very happy. For enrolment, we advocated in front of the teachers of different schools. And the teachers also cooperated with us. Now They are all continuing their study.

Child Group Formation:

In Project Period we formation 10 child groups in different hotspot area These groups have minimum 10 children in each group. They are very interested and enthusiastic. Now they planned, they will be sitting once in a month and discussion will be importance of Identity card and how to link social security schemes and their need-based issues. Especially for teenage girls who wants to open a Drop - in centre. Where they can talk about their sexual & reproductive health issues in their own way. .

Inaugurated a Drop In Centre (DIC)

On 10th January we inaugurated a DIC for our community-based children on the basis of a conducted survey. We used pre-tested questionnaires to assess them. The objective of DIC is for providing counselling & psychological support, physical health & reduce their abuse. It also meant to reduce stigma & discrimination, develop self-help groups to provide support them & their families. On the very day we provide free "Sanitary Napkins" to them ensured them about

their proper health & hygiene during their menstrual cycle. The DIC at Shanpur has provided a friendly environment to the girls who visits us. Our staff's provides them with healthy tips in consultation with our project associated doctor. They feel DIC is non-judgemental and provide freedom & protection. Participants get opportunities for better life.

#LIGHT UP HER LIFE:

National girl child day was celebrated on 24th January at Sir Syed Ahmed school Howrah with the students, street connected children & elite stake holders who joined us in celebrating such a beautiful day which turned memorable to us. We celebrated national girl child day by organising various cultural programmes, including awareness campaigns on issues facing by girl child in India such as education, nutrition, child marriage, medical care and protection. The objective behind this celebration is to provide support & opportunities to the girl child making them aware about their rights. Organising the programme has a positive impact towards the society & itself towards the girl child & increases the consciousness of the people & offer new opportunities to the girl child in the society.

Vicky Roy Photo Shoot:

We have started our journey through photography by Vicky Roy, of the street connected children. Amused kids had never seen such cameras, photo shoots before. They had an idea about such things to be used in fashion & glamour industries. Their photo shoot by Vicky Roy made them feel like celebrities. Multiple photos were taken to find the best one for the required brief. To customize their life stories through such photographs. The photography session has enabled them to pursue their dream & fulfil them through motivating themselves idolized Vicky Roy as one of them who shined as sunshine & turned successful.

Self-Defence workshop for the women and girls.: 75

Our programme has implemented from July 2019 we had closely consulted with American Centre about the outreach plan with Monica Shie- Director, Ms. Nicola Programme Specialist, Mr. Debasis Ghosh & Aishwarya Mondal, Avijit Mitra – Aikido India. In consultation with American centre we mobilise the colleges i.e. Bijay Krishna Girls College, Uluberia College, Prabhu Jagat Bandhu college, Surendranath College for Women, Nara Singha Dutta College, Dr. Kanailal Bhattacharya College and Panchla Mahavidyalaya etc. Workshop was start from 19th to 25th November 2019 from 1.00 p.m. to 4 p.m. at Lincon Room and Grand Finale was held at 4th March 2020.

Under the guidance of Ms. Nicola Programme Specialist, Mr. Debasis Ghosh & Aishwarya Mondal organised for women and girls under the aid of American Centre Kolkata in Collaboration with Aikido, India from 19th November 2019.

The programme was inaugurated on 19th November 2019 by Ms. Nicola – Programme Specialist. Mr. Debasis Ghosh & Ms. Aishwarya Mondal, Mr. Avijit Mitra – Aikido India; Ms. Rahima Khatun – Secretary Nari O Sishu Kalyan Kendra.

They also learned different techniques of AIKIDO. Very first day they started with specific Aikido warm up exercises. After that first techniques they learned Nikyo and Shiho nage techniques against Ai hanmi katate dori (attacking with the wrist grab in same profile). After learning this they practiced with their partner. Second techniques they learned Yoko Irimi and Sankyo techniques against Gyaku hanmi katate dori (wrist grab in opposite profile). Then follow with other techniques Tsuki (punching technique). Yoke irimi against Tsuki. Nikyo technique against Mune dori (collar grab from the front). Irimi nage against Shomen uchi (strike to the head with hand). Irimi nage against Jodan tsuki (face punch). Atemi (striking technique) against chocking from the front. Combination of the above-mentioned techniques were also taught. Each session was 3.30 hours after that they got 30 minutes for revision and correction of the techniques they have learned.



Mr. Krish Das, Deputy Director, American Center graced the programme during the concluding session. Ms. Nicola Programme Specialist, Mr. Debasis Ghosh & Ms. Aishwarya Mondal, Mr. Avijit Mitra, Ms. Rahima Khatun and Professor Ms. Karabi Mitra of Bijay Krishna Girls college are also grace this session. Our trainee students performed different techniques which they learned in last 5 days and they also got a task that they have to train at least one participant for 2 months on grand finale they will demonstrate with their partner and they will get certificate.

At the end of the day vote of thanks given by Ms. Rahima Khatun – Secretary, Nari O Sishu Kalyan Kendra.

Practice Session: After coming back from workshop they have found partner for their practice session. They trained their friends, sister, neighbour etc. The Colleges have appreciated this initiative very much. Students have taken classes in their college premises. They trained not only one participant but also they prepare two or three people for their performance.

Grand Finale: On 4th March 2020 in the presence of Mr. Krish Das, Deputy Director American Center and also Ms. Aishwarya Mondal & Mr. Debasis Ghosh from American center, Ms. Rahima Khatun - Secretary Noskk & Professor Karabi Mitra-Bijay Krishna Girls College programme was initiated at Lincon Room of American Center. Total 52 Participants are present on that day. Each participant performed with their new partner. After completion of this demonstration student share their experience about teaching their new partner and also learning from this workshop. According to **Barnali Das**, Women studies Department from Bijay Krishna Girls College “This workshop is a journey of self-confidence”. She also shares that she overwhelmed to see that in last two months “We reach almost double women and girls with these skills”. In future she wants to learn more skills of Aikido. **Afsona Arbida** Computer student from NOSKK vocational center says, “When I walk alone in the road, I get more confidence after learning self-defence”. **Junisha Mallick** CAB Trainee- Noskk Vocational Center “I choose my profession as a CAB Driver; this training was helped a lot to get self confidence and fight against fear.

Prof. Karabi Mitra, from Bijay Krishan Girls College says “This workshop is a one step ahead to women empowerment.” She is very thankful to American center and Noskk for choosing their students for the workshop.

After that they got certificate from Mr. Krish Das Deputy Director, American Center.

At the end of the day Ms. Rahima Khatun from Noskk and Debasis Ghosh from American center given vote of thanks.

Women Empowerment:

Self Help Groups : 261 SHGs with total 4500

Women are the most vulnerable members in unprivileged community especially among minorities. Due to lack of education, low social status, unemployment they often face humiliation, domination from family members and society as well. NOSKK thought about collectivisation women

through SHG formation & microfinance initiatives in order to strengthen & empower them. The basic theory is that, microfinance empowers women by putting capital in their hands and allowing them to earn independently and contribute financially to their households and communities. This economic empowerment is expected to generate increased self-esteem, respect, and other forms of empowerment for women beneficiaries. Involvement in successful income-generating activities should translate into greater control and empowerment.

- ◆ Till March 2019 our Microfinance Programme is running in 3 Blocks of Howrah District, Uluberia-2, Panchla and Sankrail in total 45 villages.
- ◆ 18 of our NOSKK staff are monitoring 261 SHGs with total 4500 Members.

Nai Roshni Leadership Training : 125

From March 2019, NOSKK implemented the training of Nai Roshni – *The Scheme for Leadership Development of Minority Women*”, supported by the Ministry of Minority Affairs in India.

The Objective

The empowerment of women is not only essential for equity, but also constitutes a critical element in our fight for poverty reduction, economic growth and strengthening of civil society. The objective of the programme is to empower, to strengthen and to instill confidence among Indian women by gaining knowledge, tools and techniques for interacting with the Government System, Bank System and other institutions and social topics like Health, Education and Rights. So those trained women can become leadership roles and assert and protect their women rights collectively or individual in their surrounded communities.

Through the programme, they can become independent and confident members of the community and spread their knowledge and skills as a leader and role-model for other women.

The Target Group:

The Target Group includes women belonging to all minorities including Muslim, Sikh, Christian, Buddhist, Zoroastrian and Jain. To create a group of plurality and diversity and increase solidarity and unity, 25% of non-minority groups are also permitted and welcomed.

Nurturing and Handholding under Non- Residential Training:

After complete the training as per guideline we are continuous Nurturing and hand holding to women who have undergone leadership development training. Regular meetings was held for these groups.

Livelihood

Bunan Hastakala Producer Company with Zari

Nari-O-Sishu Kalyan Kendra has developed an institution for woman Zari artisan's producers.

Our Organisation has been playing a vital and catalytic role in promoting and supporting rural women Zari artisans and workers with a goal of making them empowered and self-dependent by supporting the workers and forming their groups and self-managed institutions. The organisation has facilitated to form an institution owned and managed by woman. The institution is a producers company named Bunan Hasta Kala Producer Company Limited.

Our experience, achievement and aspiration

The initiative of developing women's institution is one of our missions to fulfill commitment

of empowering women in the disadvantaged and low income earning communities across state of West Bengal presently. Zari workers are mainly working as labourers getting very low prices, are not able to acquire capacity by their own for self managed production and marketing with standard improved technology. Moreover, the Zari artisans are unorganised. Their social position is some what low in the village societies. The Zari artisans mainly women who need special attention and support from us. About the craft industry - In Zari-Embroidery the cloth is tied on wooden Dhadda, fitted with wooden stand and the first required design is stencilled with the help of stencil paper on the cloth then embroidery is being done according to the design with Zari thread like stones, beads, etc. This is a traditional artisan work to put on the materials for dresses like Lahenga, Dupatta, Salwar, Churida, Zari, etc. The craft of embroidery has both economic and cultural relevance. The embroidery work has provided employment opportunities to many people. At the same time embroidery dress materials have a good demand in domestic and international markets.

Our Experience - We have some experience since long before when we have started working with the poor, disadvantaged families, women and the artisans-mainly zari artisans. Women Self Help Groups are formed and developed, assisted and linked with institutions. NOSKK-our short name is accepted by communities and recognised by the Government and international donors. Our organisation has been working to advocate on behalf of exploited, disadvantaged and un-empowered women, girls and the communities to secure rights, to make them capacitated and avail benefits linking with Government and civil society organisations.

Women are playing a very vital role in developing the craft in zari embroidery. Traditionally economic participation as zari artisans and being successful in it is a real change for women, whose exposer and mobility are limited. In many areas like in Howrah district of West Bengal. Women zari workers suffer due to preponderance of middlemen and artisans – women are not getting satisfactory of money out of this job. Most of the women artisans in this sector are deprived in the right of winning and generating income out of this type of work, despite of possessing right skills of doing embroidery work. It is found and learned that there is not a single woman in the villages in our area who may be regarded as full-fledged women zari entrepreneur.

Our Need - Presently we intend to promote, develop and sustain women owned, led and managed self-enterprises, producer's organisation and development process in the communities. Thus, it is required to participate and cooperate our endeavour for fulfilling the mission of self-sustaining women artisans owned and managed enterprises like Bunan Hasta Kala and the SHG Micro Enterprises. The need is to provide technical and financial support for skill up-gradation, product design development, marketing knowledge and network knowledge as well as human resources for managing the enterprise. The new institution which is a producer company requires some support for managing and functioning for the development of the crafts- Zari products. That will be more marketable and attractive to customers of various segments and locations and the company expects to grow its' business with a capacity of development in a sustainable manner and cost-effective way.

Bunan Hastakala Producer Company was participated in different mela with their product.

Sanitary Napkin Production (SNP) organized by **Freedom SHG Group** Women are raising their voices and asserting their rights including their rights to reproductive and preventive health as well as how to live in hygienic way in today's busy life. In the month of June 2009, the twelve young energetic girls member create CBO name as Freedom Group and participated in Micro Small Medium Enterprise (MSME) training programme of Govt. of W.B. After the training, Freedom Group purchase machine and raw materials and started Napkin Production in the NSKK premises. They are also engaged in local marketing for sell the product nursing home, Hospitals and medical shops etc.

Health

Adolescent Friendly Service:

Adolescence is an important stage of growth for children. During adolescence, girls are preparing for their future roles as adult women. Intervening at this stage can help girls overcome barriers to empowerment in adulthood since girls represent the next generation of mothers and social and economic actors. In a conservative society like India adolescence often face hindrance from society to discuss about reproductive and sexual health related issues openly and to obtain required help for their need like proper information, counselling, treatment etc. Adolescence possess different range of reproductive and sexual health challenges which include the consequences of early marriage, unsafe abortions, high-risk behaviour, lack of awareness about contraception and reproductive health issues, reproductive tract infections (RTIs) and sexually transmitted infections (STIs) including HIV / AIDS and non-consensual sex.

Adolescent Friendly Service, supported by Ms Sandra Dahlen and Janne North from Sweden, we are running a Drop-In Centre. 1050 Adolescent Girls attend the Drop-In Centre for many kinds of discussion and get facilities of Sanitary Napkins. Maria Khatun felicitated the Class two days in every week and discussed about Child Marriage, Child Abuse, Adolescence, Hand Washing, Menstrual Hygiene, HIV and stories like Poulomider Kotha and AV Shows. Every month 246 Adolescent girls are attending the Drop-In Centre and they got facilities of Sanitary Napkins in low cost.

Scheme for Adolescent Girls (SAG):

Collaboration with the Department of Women & Child Development and social welfare has been implementing Scheme for Adolescent Girls-Kanyasree Prakalpa Convergence Programme implemented by Nari O Sishu Kalyan Kendra at 3 blocks of Howrah Districts.

Main Objective of this programme:

- To reduce different social vulnerabilities like dropout, early marriage, trafficking,
- Mainstreaming out of school adolescent girls through linking them with Kanyasree Prakalpa.

- Skill building by providing vocational training in convergence with Utkarsha Bangla.

Project Area: Uluberia Municipality, Panchla, Jagatballavpur Block at Howrah Districts.

THALI – “Tuberculosis Health Action Learning Initiative”

This project is led by World Health Partners (WHP), in collaboration with consortium members, Child in Need Institute (CINI), and John Snow India (JSI). THALI aims to strengthen Tuberculosis Control efforts in West Bengal by using a technology-based reporting platform and an inclusive service delivery model for appropriate TB diagnosis and treatment.

Activities:

- Counselling of TB patients, their Care givers and their family.
- House Visit around those area where patients are identified and beyond for spreading TB
- Advocacy with the stakeholders for example counsellors, school teachers and government officials.
- Meeting with School Student, Club Member and SHG groups.
- Linking the patients and their family members with Social security scheme.
- Participated in a Health Screening Camps in the Zari and Jewellery Hubs of Panchla and Domjur, Sankrail of Haora district with District Health and family Welfare Samity (RNTCP), District Tuberculosis Center, Howrah

Others Training Programme:

ASHA training Center:

Nari O Sishu Kalyan Kendra was got accreditation from National institute of Open schooling under an autonomous institution under department of School education and literacy M.H.R.D. Govt. of India. With Collaboration with Child in Need Institute (CINI) Noskk is organising ASHA Training. This Year Total 24 Training was held with 889 Participants.

Activities on SDGs:

Marginalised Community led Civil Society Organisations (CSOs) advancing UNSDGs (United Nations Sustainable Development goals) and Human Right for

inclusive Development: Collaboration with Forum Syd and Organisation Functioning for Eytham's Respect (OFFER) Noskk is implementing the Programme in 5 Villages of Uluberia Municipality, Sankrail and Panchla Block with 1000 population.

- **We did 32 Voter ID Cards form fill up in 2019-2020.**
- **Public distribution System- 63 Ration forms are filled and submitted in Municipality Food Office.**
- **Pan Card Registration - 110 Pan form registration was done.**

ACTIVITIES WITH NETWORK PARTNER:

Kolkata Sanved

Empowerment Workshop: Organized in collaboration with Kolkata Sanved an Empowerment Workshop for 30 adolescent girls in our area. In total we have organized three empowerment workshops for 80 young women of our area.

The Empowerment Workshop enables the adolescent girls to create a life exactly the way they want it. There are two reasons we don't have what we want in life. We don't know what we want and we don't have the tools to manifest it.

The workshop helps them develop a comprehensive vision for their life and provide tools to manifest it. It goes beyond therapeutic approach to growth that focuses on healing wounds from past. In fact it helps envision what one most desires and create it, therefore motivating one to grow by the power of one's dream rather than their wounds.

The workshop is four-days long, intense and focuses on the 7 core areas of an individual's life, which are Body, Work, Spirituality, Sexuality, Relationships, Money and Emotions. It helps individuals to create their own path towards their vision/dream/goal and thus empowers them to be a part of the society.

Diploma in Dance Movement Therapy: Kolkata Sanved's Dance Movement Therapy Leadership Academy, a year-long program held in collaboration with Nari-O Sishu-Kalyan Kendra.

OFFERS:

UN Day of Climate (SDG 13)

We gathered in the Khaskhamar Madrash High School on 23rd Sep 2019 for a ceremony where we highlighted the importance of saving water and planting trees. After that, we had the honour to host a ceremony on our own. We had different guests speaking about climate change and how it is important that we act in favor of the planet. In the evening, we planted some trees to set a sign for letting the environment grow more. All children of our community participated with joy in this.

UN Day of Peace

On 21st Sep 2019 we came together from different places to celebrate the diversity in our society. With the posters of our interns from Assam and the volunteers of Germany this is now visible for everyone!

Day Celebration :

Celebrate International Women's Day :

Kolkata Sanved's Dance Movement Therapy Leadership Academy, a year-long program held in collaboration with Nari-O Sishu-Kalyan Kendra, culminates on Saturday, 7 March, 2020. In order to celebrate the graduation of 10 Leadership Academy participants who originally emerged from communities of service, Kolkata Sanved and Nari-O Sishu-Kalyan Kendra is hosting an inspirational afternoon of performance, storytelling, conversation, and commissioning by Ambassador and keynote speaker Shrikanta Acharya. Prepare for a participatory experience culminating in a unique movement activation to the rhythm of a women-led drum circle developed by Maestro Tanmoy Bose. On the eve of International Women's Day, this event will also serve as a public forum for addressing contemporary gender issues and inspiring advocacy for gender equality.

Participated in a Different Training or Seminar:

On 13th September 2019 at the American Centre, Kolkata: First, we visited a workshop about the effects of trauma. There we talked about how to solve problems. It showed us again that listening to survivors is important. We can only support others by treating them as individuals.

As part of this workshop we discussed the key principle 'Empowerment, choice and voice'. So we talked about what difference we can make and how to help others. We want to empower every woman through skill training, so they have a choice in life and can use their voice!

After that, we participated at the Women's Empowerment Fair to sell the Handicraft's made by the women in our centre and informed about our work. We talked with a lot of persons and connected with many other organisations for women's right. We are very thankful to participate in this.

Important Visitors and Donors

Name	Organization/ Location
Student Teacher and faculty members of Calcutta Institute of Education (B.Ed Section)	Calcutta Institute of Education (B.Ed Section), Uluberia, Howrah
Sahana Bhowmick – Director	Ditto, India
Sohini Chakraborty	Kolkata Sanved
Moumita Chatterjee – Consultant	WBSCPCR
Priya Darshini Ray	WBSCPCR
June Maliah- Member	WBSCPCR
Nabina Banerjee	Save the children
Lovisa	Germany
Mahua Bhattacharya & Sudipta Mukherjee	BDO, Panchla
Bulbul Bakchi	DYO, Howrah
Dr. Esha Ghosh	DYO, Howrah
Prof Kasturi Sinha Ghosh	Netaji Subhas Open University
Debabrata Adhikary	Bangladesh Agrogoti Sangstha
Jannatun Naim Monira	Bangladesh Agrogoti Sangstha
Md. Israfil	Right Track
Prof Dr. Pronobesh Chakraborty	
Anastasia Neumann	German Volunteer
Celina Bittger	German Volunteer
Shramana Majumdar	Consultant, Girls Count
Bimla Chandnasekaram	Director -EKTA
Rizwan Parwez	Girls Count
Yasmin Khatoon	Advocate – Howrah Court
Md. Ashraf Ali	Right Track
Chandrakant Deokar	Offer
Ibtinal Sloul	Sweden
Janatan Grinde	Sweden
Grimur Magnusson	Sweden
Sima Kanjilal	DCPS, Howrah
Bithika Bhattacharya	SBI-RBO-1 Howrah
Nitesh Kumar	SBI -BM- Bauria
Amit Kumar	SBI -Bauria
Bikash Saha- Consultant	Training and Evaluation Swasthya Bhaban, salt Lake
Prof. Reenit Singh	NIFT -Kolkata
Sudhir Kumar Saha	Action Aid

Shrikanta Acharya -Singer	Kolkata
Raja Ghosh Dastidar	Head Teacher – Khajuri High School
Shanti Sen -IPS	Dy& Sp – Howrah Rural
Jaya Majumdar-Member	Juvenile Justice Board
Baitali Ganguly	Jabala Action Research
Barun Sarkar	Union Bank of India
Shyamaprasad Kundu	Asst. Labour Commissioner
K.P Boral -	Hi tech Cellphone Lmted.
Nasiruddin Ahmed	Rotarian
Pallabi Sengupta	German Doctor
Amit Samaddar-	DPO, ICDS, Howrah

Our Supporters

UN Agencies:	UNICEF, Kolkata
Govt. of India:	Ministry of Textile, Govt. of India, Ministry of Minority Affairs Govt. of India
Govt. of West Bengal:	West Bengal Women Development undertaking, Women and child development Govt. of West Bengal
Indian Foundation's & Donor Agencies:	National Foundation of India (NFI), Caramdaksh, Action Aid India
CSR Foundations / Groups:	QUEST Properties Pvt. limited– RPSG - Groups, CESC Haldia Energy limited - RPSG – Groups, CESC
Academic Institutions:	Jadavpur University, Calcutta University, Aliya University
Internationals Groups / Individuals:	Janne Nordstedt & Sandra Dahlen, German Volunteer